

Bible Bowl Training: Week 1

Grab your Bible, strap on your thinking cap, warm up your page flipping fingers and let's dive into our training!

Warm Up



Find a quiet place to go through this lesson. Hold your Bible in your hands. Take a minute to ask God to open your heart to hear God's Word during this time of study. Say your own prayer or use this one:

God be with me and help me understand your Word so I can know you better and live in your love everyday. Amen.



Stretch

You may have used your Bible before, in Sunday School or at home, but did you know that it has more than just Bible stories inside? Your Bible has all sorts of pages that are designed to help you get to know God and the **Scriptures** better! **Scriptures** is another word for the words in the Bible. And even though they're ancient words, you'll see that they still have something important to say for us here and now!



Exercise

Open your Bible and flip past the blank page to the first color page. This page is a reminder that this Bible was presented to you, given to you, by your church family. The grown-ups in the church know that learning to read and understand God's Word for us is one of the most important gifts we can give you. And both pastors signed your Bible as a reminder that they are here for you when you run into some of those BIG God questions that your parents can't help you answer.

Now flip through a few pages to page xiii, the one that says "How to Use your Spark Bible" Take a minute to read this page, then flip to xiv and xv to read the orange boxes and learn about all the special features this cool, new Spark Bible has. In the next few weeks as we build our buff Bible brains, make sure to watch for the Key Verses and the "Know it! Think about it! Try it!" boxes and the "Did You Know?" tidbits to find ways to dig deeper into God's Word. This Bible was designed to help you not just READ God's Word, but to really find ways to UNDERSTAND what all these God words mean for YOUR life! Pretty cool, right?

But wait, there's more! You remember what Ms. Sharon's favorite part of this new Bible is, right? That's right, STICKERS!!! Flip to the very back of your Bible now. There are 3 pages of stickers and right before them, right after the map called "The Holy Land Today," there are two pages called "How to Use Your Spark Bible Stickers." Now, I'm sure you're thinking "Ms.

Sharon, I know how a sticker works!" but go ahead and look at *how* these stickers can be used in your Bible. As you look over these two pages, just look down the sides of the page and see how they use stickers to track what parts they have read and when, what they like, what they don't like, and so much more. These stickers aren't just cool because stickers are fun, they are ways to make your Bible your own and to connect with what you read. It's about as interactive as a Bible can get until they turn it into a DS game! I might have to work on that...SuperBibleKart...racing through the Scriptures! Oops, sorry...I'm getting sidetracked! Let's move on.



Cool Down

OK, so this first week we begin with a memory verse that reminds us that when we read the Bible we allow God's Spirit to lead us in life. And when we do that, we will live as children of God. You can see if you can find this scripture on your own, but we'll be learning how to look up verses soon, so don't worry if you need a grown-up's help to find it today. When you find this verse, mark it with a sticker. You can choose which sticker seems best. Don't forget to print the memory verse card to help you learn this verse:

Memory Verse: Romans 8:14

For all who are led by the Spirit of God are children of God.

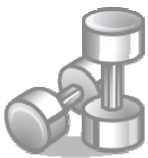
Read this **Scripture**, and then pray, any which way feels right to you! If you'd like, you can use this prayer, or sing or dance your own!

God, thank you for this church that cares enough to give me this Bible. Thank you for the words that help me know You better and serve You in all I do. Help me understand what I read. Help me to grow closer to you as I read the stories of people who have in years gone by. Create in me a love for your Word that will help me grow. Amen.



Stretch Again

Your assignment this week is to consider what it means to you to have this Bible gift from the church. Put your thoughts into a sentence or two and submit them on the Bible Bowl website.



New Training Equipment

Scripture: *The words in the bible. As Christians we believe that through the Scriptures, God is able to touch our lives.*