

# Bible Bowl Training: Week 2

Grab your Bible, strap on your thinking cap, warm up your page flipping fingers & let's dive into our training!

## Warm Up



You'll need a pen or pencil for today. Once you've got one, find a quiet place to go through this lesson. Sit comfortably and take a moment to calm your thoughts. Take a deep breath and slowly exhale as you count to 10. Say your own prayer or use this one:

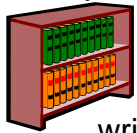
*God be with me and help me understand your Word so I can know you better and live in your love everyday. Amen.*



## Stretch

Flip to page xviii (Make Your Spark Bible Smaller!) at the beginning of your Bible.

After you read through, you'll know that even though the Bible looks like one big book:



It really is a lot of small books gathered together. It is like a library full of books. The word "Bible" means "books." Each Bible book has its own name and place in the Bible library. Different books in the Bible library have different kinds of writings. Some give God's laws. Some tell stories of history. Some are songs or poems. Some have warnings. Some tell about Jesus. Some are letters. There are actually 66 books in our Bible library and they each tell a story. But together, they tell THE story of God's people; our story!



When you say the word "Bible" you are talking about a lot of smaller \_\_\_\_\_<sup>1</sup>.

## Exercise



Remember the page we looked at that told you who your Bible was from? Go to that page now. Then turn two pages to the Table of Contents. On the first page of the Contents it lists the **Old** Testament and on the page after that it lists the **New** Testament. The words "Old and New Testaments" tell you that there are two main parts in the Bible. The two main parts of the Bible are the

\_\_\_\_\_ <sup>2</sup> and \_\_\_\_\_ <sup>3</sup> Testaments.

The Old Testament is the name of one large group of books in the Bible. The Old Testament covers a period of several thousand years. It tells the story of Israel, a Jewish nation in the Middle East. The Old Testament contains many stories about God's love and mighty acts. The Scriptures Jesus learned as a child were the Old Testament Scriptures. Sometimes these are called the "Hebrew Scriptures" because they are the Scriptures of the Hebrew people. Today, Jewish people continue to use the Hebrew Scriptures in their worship and study.

The New Testament is the second large group of books in the Bible and they cover a period of about one hundred years. These books were written after the life of Jesus and tell the story of Jesus and those who told the story of Jesus to others. Together, these two groups of books tell our whole faith story and make up our Bible.

Let's look again at the Table of Contents page. A list like this one, of all the books in the Bible, is found in every Bible. The list of books is in two parts:

The Books of the \_\_\_\_\_<sup>4</sup> Testament

The Books of the \_\_\_\_\_<sup>5</sup> Testament

Can you find the name of the second book in the Old Testament list?

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Now see if you can find the Book of Ruth. It is also in the Old Testament list. Ruth is (8 or 10)<sup>7</sup> books down the Old Testament list. (circle the right answer).

Lay your pencil across the page under the name of the Book of Ruth. In your Bible, the Book of Ruth begins on page \_\_\_\_\_

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Turn to the Book of Ruth in your Bible: did you find it? Great! Now, turn the page and read the first line of the Book of Ruth in your Bible. The Book of Ruth begins:

"In the \_\_\_\_\_<sup>9</sup> when..."

Now let's look up another book. How about Malachi? Can you find it in the table of contents? Can you find the page number? Turn to that page. The Book of Malachi begins:

"An \_\_\_\_\_<sup>10</sup>. The word of the Lord to Israel by Malachi."

Look at that! You've now learned how to find books in your Bible! You'll be a Bible reading pro in no time! And "Bible" means....what was it again?

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## Cool Down

This week we learned how to find books in the Bible, and looked up two books in the Old Testament. See if you can find a book in the New Testament now. Our memory verse for this week is from Philippians. After you find the book of Philippians on your own, ask a grown up to help you find this verse. Don't forget to mark the verse with a sticker! Then print out the memory verse card from the Bible Bowl website to practice all week long. Learning all these new things can be tough, but remember:

**Memory Verse: Philippians 4:13**

*I can do all things through him who strengthens me.*

Read this **Scripture**, and then pray, any which way feels right to you! If you'd like, you can use this prayer, or sing or dance your own!

*God, thank you for the gift of the Bible. Thank you for the stories inside it. Thank you for giving us a way to hear your voice, to see your work in the world. Give me a heart that is open to the gifts you give. Amen.*



## Stretch Again

Your assignment this week is to find Philippians in your Bible. Flip to the first page of Philippians and find the first 7 words of the book. Copy them down and submit them on the Bible Bowl website.

ANSWERS: 1) books 2) old 3) new 4) old 5) new 6) Exodus 7) 8 8) 289 9) days 10) oracle 11) books