

Bible Bowl Training: Week 2

Grab your Bible, strap on your thinking cap, warm up your page flipping fingers & let's dive into our training!



Warm Up



You'll need a pen or pencil for today. Once you've got one, find a quiet place to go through this lesson. Sit comfortably and take a moment to calm your thoughts. Take a deep breath and slowly exhale as you count to 10. Say your own prayer or use this one:

God be with me and help me understand your Word so I can know you better and live in your love everyday. Amen.



Stretch



The Bible looks like one big  book: But really it is a lot of small books  gathered together. It is like a library full of books. The word "Bible" means "books." Each Bible book has its own name and place in the Bible library. Different books in the Bible library have different kinds of writings. Some give God's laws. Some tell stories of history. Some are songs or poems. Some have warnings. Some tell about Jesus. Some are letters. There are actually 66 books in our Bible library and they each tell a story. But together, they tell THE story of God's people; our story!

When you say the word "Bible" you are talking about a lot of smaller _____.¹



Exercise

Remember the "Icon Legend" page we looked at last week? (the last color page at the very front of your Bible) Find that page again. Turn the blank page and the next page that says "THE NRSV CHILDREN'S BIBLE" and look at the next page. This page still says "THE NRSV CHILDREN'S BIBLE" but it says something else below it:

Containing the Old and New Testaments

The words "Old and New Testaments" tell you that there are two main parts in the Bible. The two main parts of the Bible are the

_____ ² and _____ ³ Testaments.

The Old Testament is the name of one large group of books in the Bible. The Old Testament covers a period of several thousand years. It tells the story of Israel, a Jewish nation in the Middle East. The Old Testament contains many stories about God's love and mighty acts. The Scriptures Jesus learned as a child were the Old Testament Scriptures. Sometimes these are called the "Hebrew Scriptures" because they are the Scriptures of the Hebrew people. Today, Jewish people continue to use the Hebrew Scriptures in their worship and study.

The New Testament is the second large group of books in the Bible and they cover a period of about one hundred years. These books were written after the life of Jesus and tell the

story of Jesus and those who told the story of Jesus to others. Together, these two groups of books tell our whole faith story and make up our Bible.

Now flip about 6 more pages until you find the page titled “Names and Order of the Books of the Bible.” A list like this one, of all the books in the Bible, is found in every Bible. The list of books is in two parts:

The Books of the _____⁴ Testament

The Books of the _____⁵ Testament

Can you find the name of the second book in the Old Testament list?

_____ 6

Now see if you can find the Book of Ruth. It is also in the Old Testament list. Ruth is (8 or 10)⁷ books down the Old Testament list. (circle the right answer).

Lay your pencil across the page under the name of the Book of Ruth. In your Bible, the Book of Ruth begins on page _____ 8

Turn to the Book of Ruth in your Bible: did you find it? Great! Now, read the first line of the Book of Ruth in your Bible. The Book of Ruth begins:

“In the _____⁹ when...”

Look at that! You’ve now learned how to find books in your Bible! You’ll be a Bible reading pro in no time! And Bible means....what was it again?

_____ 10



Cool Down

This week we learned how to find books in the Bible, and looked up two books in the Old Testament. See if you can find a book in the New Testament now. Our memory verse for this week is from Philippians. You can try to find this Scripture on your own, or you can just print out the memory verse card from the Bible Bowl website. Learning all these new things can be tough, but remember:

Memory Verse: Philippians 4:13

I can do all things through him who strengthens me.

Read this **Scripture**, and then pray, any which way feels right to you! If you’d like, you can use this prayer, or sing or dance your own!

God, thank you for the gift of the Bible. Thank you for the stories inside it. Thank you for giving us a way to hear your voice, to see your work in the world. Give me a heart that is open to the gifts you give. Amen.



Stretch Again

Your assignment this week is to find Philippians in your Bible. Flip to the first page of Philippians and find the first 7 words of the book. Copy them down and submit them on the Bible Bowl website.

ANSWERS: 1) books 2) old 3) new 4) old 5) new 6) Exodus 7) 8 8) 308 9) days 10) books