

Bible Bowl Training: Week 5

Grab your Bible, strap on your thinking cap, warm up your page flipping fingers and let's dive into our training!



Warm Up

Find a quiet place to go through this lesson. Repeat last week's memory verse to yourself. Close your eyes and imagine God's light shining on you, warming you, surrounding you. Say a prayer of thanksgiving and ask God to be with you as you study the Word.



Stretch

Over the last few weeks we have learned that Bible is made up of many books and we've learned how to find any book in the Bible. Now you are ready to learn how to find any chapter of any book in the Bible. A Bible **reference** (pronounced REF-er-ens) tells you where to look to find a part of a book in the Bible. If your teacher says, "Look up John three sixteen," he or she is giving you a Bible **reference**. Your teacher would write the reference like this: John 3:16.

The first thing the Bible reference tells you is which book in the Bible you are to look up. In the **reference** John 3:16, the word "John" is the name of the book you are to find.



Exercise

Turn to the book of John in your Bible now. (Remember... not 1 John or 2 John!) Look at this first page of John. Do you see the blue words "The Word Became Flesh" at the top? That is the **heading** for this section. It tells you what to expect from this bit of reading. Not all Bibles have **headings**, but yours does! These **headings** also make it easy for you to notice familiar stories as you flip through your Bible.

The books in the Bible have been split up into large parts called chapters, just like the chapter books at your library. The beginning of each chapter is marked with a big number. Not too surprisingly, the beginning of the first chapter is marked with a big number 1. Look just below the heading on the first page of the Book of John. Do you see the big number 1 there? Great! This is the Chapter number for the first chapter of the Gospel of John.

In a Bible **reference** the first number after the name of the book tells you which chapter to look in. In the Bible reference John 1, which chapter do you think we should look in? Did you say one? You're right! Because the number 1 comes after the name of the book. Now remember: 1 John means "the book of First John" and John 1 means "the book of John, chapter 1." It's a little tricky....you need to pay attention to if the number is before or after the name of the book.

So, now let's turn to Chapter 2 in the Book of John (John 2, not 2 John!). It's on the next page. You'll know you're in the right place if you see the heading of Chapter 2: The Wedding at Cana. Now find the big number 3 in the Book of John. Do you see the heading? It should say "Nicodemus Visits Jesus." Make sure you are finding the BIG numbers, not the little ones!

Okay...let's see if we can find a chapter in a different book. The Ten Commandments are found in the Bible in the Book of Exodus, Chapter 20. Try to find Exodus 20 in your Bible on your own.

Did you do it? Did you turn to the Book of Exodus and begin looking for the big number 20 that tells you where Chapter 20 begins? It will help you in finding the big "20" if you look at the numbers at the top of each page in your Bible next to the footprints. The numbers at the top of the page show you which chapters are found on those pages. The heading for Exodus 20 reads "The Ten Commandments." Do you see the first words of the Chapter? "Then _____ spoke all these _____:"

The Ten Commandments are also found in the Bible in Deuteronomy 5. Find the fifth chapter of Deuteronomy in your Bible. Look until you find the big number 5. The heading is the same as Exodus 20: "The Ten Commandments," but the first words are different: "_____ convened all Israel, and said to _____:"

You are doing great! Leave your Bible open to this page and go on to your cool down!

Cool Down

Now find Deuteronomy 6. Pretty easy, right? It's just on the next page. Now look at the top of the following page, page #211. Do you see the flashlight icon? This verse listed there is one of the most important scriptures to both Christian and Jewish people of faith. In fact, in the Jewish faith, families hang small scrolls with these words by their front doors to remind them of these important words. This verse has a special name, "The Shema." Shema is the Hebrew word which means "listen" because it is so important that we hear this important commandment:

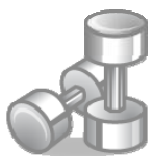
Memory Verse: Deuteronomy 6:5

You shall love the Lord your God with all your heart, and with all your soul, and with all your might.



Stretch Again

The Hebrew people considered the Shema so important that they were called to talk about it with their children, at home or away, when they awoke and when they got ready for bed, to tuck a copy inside their hat and tie a copy to their wrist, and to put a copy by their door and by their gate. Now THAT's important! Can you think of any Bible stories that you hear again and again, that you have talked about with your family? Go to the Bible Bowl website and submit one of your family's favorite Bible stories.



New Training Equipment

Bible Reference: tells you where to look to find a specific Scripture in the Bible.

Heading: Sort of like a title, these tell you what to expect from a section of reading